# Herbert Spencer Elementary

Chicken, Beef, Seafood & MORE

## **Fundraiser**



ORDER DEADLINE - Thursday Feb. 18th, 2021 DELIVERY DATE - Thursday March 4th at 5:30 p.m. @ the school

Sellers are responsible for their customers' orders



#### Pass this on to family and friends!!

FROZEN PRODUCT CASE SIZE COST

#### **CHICKEN**

	Canada Grade A, from our Fraser Valley Farmers. Individually frozen, free run 8	ւ hormone fre	<b>:</b> е.
1.	Chicken Parmesan 'Country Style' – Breast meat hand rolled around rich tomato sauce and a blend of mozzarella & parmesan cheese. Classic savory flavors! Light crisp breading.	18/4 oz.	\$ 39.00
2.		12/6 oz.	\$ 45.00
3.	<b>Crème Brie, Apple and Cranberry Cordon –</b> Chicken breast meat stuffed with crème brie, apples & cranberries. Impress your guests with this sweet & savory combo! Light breading.	12/7 oz.	\$ 46.00
4.	Cordon Swiss 'Country Style' – Breast meat hand rolled with Swiss cheese and smoked Ham with a light crisp breading. Makes a delicious but easy entrée even the kids will love.	32/4 oz.	\$ 56.00
5.		4 kg.	\$ 44.00
6.	Heritage Breasts, boneless skinless – Specialty grain fed, all vegetable diet, free run, non-medicated (no antibiotics), and hormone free. Individually Quick Frozen. Seasoned.	4 kg.	\$ 5200
7.	<b>Souvlaki Satays</b> – Chicken breast marinated in a Greek marinade & woven onto a wooden skewer. Serve with tzatziki dip & Greek salad. Packaged tightly, may need to gently separate.	2 kg.	\$ 42.00
8.		2 kg.	\$ 32.00
9.	<b>Clucks Chicken Fingers</b> – These tender strips are our favorite! Just bake and serve with your favorite dipping sauce. Seasoned breading, they have a nice peppery bite to them!	4 kg.	\$ 52.00
10	. GLUTEN FREE Chicken Strips –Yum! These breaded chicken strips are tender on the inside & crispy on the outside! They are already getting rave reviews! Top quality!	2 kg.	\$ 42.00
11	. Turkey Breast Fillets – The tenderloin of the turkey! Low stress, high flavor! Try these oven roasted or use your Instant Pot for Turkey Tetrazzini! Seasoned, boneless skinless.	2 kg.	\$ 24.00
12	<ul> <li>Chicken and Turkey Breakfast Sausage – A very lean and flavorful breakfast sausage.</li> <li>Packaged tightly, frozen in layers; liners between allow to be pulled apart. May appear frosty</li> </ul>	2.27 kg.	\$ 23.00
13	. <b>Ground Turkey</b> , <b>Lean –</b> Make a heart healthy choice! Great for burgers, spaghetti, tacos, turkey chili and more! Your options are endless! Comes packaged in 1 pound chubs.	8/1 lb.	\$ 29.00
	. Sea Salt & Cracked Pepper Wings – A crowd pleaser, just bake until crisp! Our favorite! . Honey Garlic Wings –Packed with flavor! Fully cooked, lots of marinade. Simply delish!	2 kg. 2 kg.	\$ 38.00 \$ 38.00
16	. Crispy Chicken Burgers – A family friendly burger that pairs perfectly with your favorite salad and oven baked fries. Fully cooked, just heat & serve. (approx 26 burgers)	2.7 kg.	\$ 36.00
17	. Chicken Nuggets – Juicy 100% white meat breaded and ready for dipping! Load up a platter, add assorted dips, and watch them disappear! Not just for the Kids, adults love them too!	2.7 kg.	\$ 36.00

	Transported for quality & price		
18	Top Sirloin Steaks – Juicy baseball cut. 3 packages of 3 steaks frozen together. Center cut.	9/6 oz.	\$ 32.00
	N.Y. Striploin Steaks – There's nothing better than a delicious, juicy, mouth-watering steak! Sprinkle with Steak Spice and sear on the grill. Who said steaks are only for summer?	9/8 oz.	\$ 57.00
20	Bacon Wrapped Tenderloin – Perfectly aged steaks wrapped in smoky bacon!	8/6 oz.	\$ 50.00
	Sirloin Beef Burgers – These gourmet burgers are tasty and juicy every time. Top seller!	24/5 oz.	\$ 37.00
	Shaved Prime Rib – Just thaw & simmer in beef jus (not included) and serve on a crusty roll	12/5 oz.	\$ 44.00
	for a deliciously tender beef dip! Or stir fry with peppers for a Philly Cheesesteak. Yum!		•
23	Bavarian Bratwurst - This German 'Award Winning' raw pork sausage is juicy & delicious!	20/115 gr.	\$ 32.00
24	Serve in a bun with grilled onions or as a classic entrée with potatoes and sauerkraut!	40/4	¢ 20 00
24	<b>Breaded Veal Cutlets –</b> Fork tender veal, coated in savory breadcrumbs. Oven ready for an easy dinner. Awesome with a mushroom gravy or in your veal parmigiana with spaghetti!	16/4 oz.	\$ 36.00
25	Lean Ground Beef - Top quality, and packaged in 1 pound chubs. Easy to use!	10/1 lbs.	\$ 48.00
	Seasoned Beef Meatballs - These fully cooked ½ ounce meatballs are lightly seasoned and	2.27 kg.	\$ 32.00
	ready for your favorite spaghetti & marinara sauce or topped with mushroom gravy!	J	•
27	Bacon, fully cooked – 100 Individual slices of ready to eat bacon. Never fry bacon again!	100 pcs.	\$ 31.00
	Wild Spring Salmon Fillets –Caught in the pristine waters of Alaska, this King Chinook	8/6 oz.	\$ 46.00
	Salmon is full of healthy Omega 3's and has a clean rich flavor. Sure to be a winner for dinner!		Ψ 40.00
29	Pub Style Battered Cod (3 oz) – Golden battered Wild Pacific cod fillets. A light crunch and	5 lbs.	\$ 50.00
23		J 105.	φ 50.00
20	flaky texture. Serve with fries & tartar sauce or whip up fish tacos in a pinch! Oven ready.	8/4.5 oz.	¢ 26 00
30	Gourmet Halibut Burger – These are the top of the seafood burger line! Ocean Wise natural	0/4.5 02.	\$ 36.00
	Wild Alaskan Halibut full muscle burger. Lightly seasoned panko breading for a crisp finish.	0.01	<b>A</b> 40 00
31	Baby Back Ribs – Try the recipe included for 'fall off the bone' tender barbecue pork ribs.	3.2 kg.	\$ 46.00
	Bake low & slow for 4 hours, add BBQ sauce & finish on the grill or under broiler. 6-7 racks		<b>4</b> 0 <b>7</b> 00
32	Maple Pork Breakfast Sausage – A juicy breakfast sausage with a hint of maple. Perfect	2.27 kg.	\$ 27.00
	for breakfast, lunch or dinner! The kids will love these! Natural pork casing. 55 sausages.		
33	<b>Bacon Wrapped Scallops –</b> These make an elegant appetizer or easy side dish. They are	2 lbs.	\$ 35.00
	already skewered, so you just bake & serve! Great with or without sauce!	_	
34	Mini Potato and Cheddar Perogies – Bite size Perogies, make a great addition to your	2/1.8 kg.	\$ 23.00
	appy or brunch menu. Serve with sautéed onions, bacon & sour cream!		
35	Pickle Spears – Brined pickles cut into wedges and lightly coated in a tangy dill breading.	5 lbs.	\$ 25.00
	Awake your senses with this fun bold flavor & crunchy texture, perfect for dipping!		
36	Mini Vegetable Samosas - Bite-sized samosas generously stuffed with carrots, peas,	60 pcs.	\$ 38.00
	potatoes, and cilantro. They are oven ready and perfect for any occasion. Mildly spiced.		
37	Savoury Salmon Hand Pie - Puff pastry generously stuffed with wild sockeye salmon and	18/100 gr.	\$ 36.00
	creamy spinach & artichoke filling. A gourmet handmade entrée courtesy of our chef!	J	
38	Mini Vegetable Spring Rolls - Just bake in the oven until light and crispy, and serve with	40 pcs.	\$ 28.00
	plum sauce. An excellent addition to your appetizer menu! The best Spring Rolls around!!		•
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	QUICK, DELICIOUS & ALL LOCALLY MADE		
	Because We Love to Support Local!!		
39	Traditional Shepherd's Pie – Homemade goodness!! Made with beef, veggies and gravy	4/850 gr.	\$ 45.00
00	and topped with buttery mashed potatoes and cheddar cheese. Comfort food!	4/000 gr.	Ψ 40.00
40	Helmi's Premium Homemade Perogies – Just boil and serve with sour cream & bacon bits!	4/1 kg.	\$ 33.00
40	2 bags of potato, cheddar cheese & onion, 2 bags potato, bacon & onion. 2 dozen per bag.	4/1 kg.	φ 55.00
11		12/4 inch	\$ 36.00
	Chicken Pot Pies - Chicken, potatoes, veggies and gravy in a gourmet crust. So good!		-
42	Meat Lasagna with 4 Cheeses – Fresh pasta layered with meat sauce, mozzarella, cottage,	8/330 gr.	\$ 30.00
40	romano, and parmesan cheeses! Kid friendly! Individual serving size.	46/435	¢ 20 22
43	Breakfast Burrito – A hearty burrito filled with scrambled eggs, bacon, veggies, cheese,	16/135 gr.	\$ 38.00
	and ham. Microwave or bake for breakfast on the go! Early morning's just got easier!	40/0 ! !	<b>#</b> 00 00
44	Pepperoni & Sausage Calzones - Pizza crust filled with tomato sauce, Italian sausage,	12/8 inch	\$ 36.00
	pepperoni, four cheeses, and pizza sauce folded over to make an 8 inch pocket.	40/0: :	<b>A A A A A A B</b>
45	Pizza Variety Pack - Individual 6 inch pizzas. 6 pepperoni, 6 ham and pineapple, 6 cheese.	18/6 inch	\$ 36.00
	Hand stretched dough and 100% real cheeses.	40/4: :	<b>A</b> 46 55
46	Pepperoni & Cheddar Bread Sticks – Locally made pepperoni wrapped in soft dough with	48/4 inch	\$ 42.00
	Grated parmesan & cheddar Cheese. Great for lunches or after school snacks. Thaw & serve.		

AA-AAA BEEF, PORK, SEAFOOD, & APPETIZERS Handpicked for quality & price

### Herbert Spencer Elementary Order Form - Name

Phone number \_\_\_\_\_Email\_

Please order and pay at  MunchaLunch.com								ld Farms	
Products									
	Size	Price					TOTALS	1	
1 Chicken Parmesan, country style	18/4 oz.	\$39.00						1	
2 Chicken Ala Neptune	12/6 oz.	\$45.00						2	
3 Crème Brie, Apple & Cranberry Cordon	12/7 oz.	\$46.00						3	
4 Cordon Swiss, country style	32/4 oz.	\$56.00						4	
5 Chicken Breasts, boneless skinless	4 kg.	\$44.00						5 6	
6 Heritage Breasts, boneless skinless	4 kg.	\$52.00						7	
7 Souvlaki Satays	2 kg.	\$42.00							
8 Thighs, boneless skinless	2 kg.	\$32.00						8	
9 Clucks Chicken Fingers	4 kg.	\$52.00						9	
10 Gluten Free Chicken Strips	2 kg.	\$42.00						10	
11 Turkey Breast Fillets	2 kg	\$24.00						11	
12 Chicken Turkey Breakfast Sausage	2.27 kg.	\$23.00		+ +		1		12	
13 Ground Turkey, Lean	8/1 lb.	\$29.00						13	
14 Sea Salt & Cracked Pepper Wings	2 kg.	\$38.00						14	
15 Honey Garlic Wings	2 kg.	\$38.00						15	
16 Crispy Chicken Burgers	2.7 kg.	\$36.00						16	
17 Chicken Nuggets	2.7 kg.	\$36.00						17	
18 Top Sirloin Steaks	9/6 oz.	\$32.00						18	
19 NY Striploin Steaks	9/8 oz.	\$57.00						19	
20 Bacon Wrapped Tenderloin	8/6 oz.	\$50.00						20	
21 Sirloin Beef Burgers	24/5 oz.	\$37.00						21	
22 Shaved Prime Rib	12/5 oz.	\$44.00						22	
23 Bavarian Bratwurst	20/115 gr.	\$32.00						23	
24 Breaded Veal Cutlets	16/4 oz.	\$36.00						24	
25 Lean Ground Beef	10/1 lbs.	\$48.00						25	
26 Seasoned Beef Meatballs	2.27 kg.	\$32.00						26	
27 Bacon, Fully Cooked	100 pcs.	\$31.00						27	
28 Wild Spring Salmon Fillets	8/6 oz.	\$46.00						28	
29 Pub Style Battered Cod	5 lbs.	\$50.00						29	
30 Gourmet Halibut Burgers	8/4.5 oz.	\$36.00						30	
31 Baby Back Ribs	3.2 kg.	\$46.00						31	
32 Maple Pork Breakfast Sausage	2.27 kg.	\$27.00						32	
33 Bacon Wrapped Scallops	2 lbs.	\$35.00						33	
34 Mini Potato and Cheddar Perogies	2/1.8 kg.	\$23.00						34	
35 Pickle Spears	5 lbs.	\$25.00						35	
36 Mini Vegetable Samosas	60 pcs.	\$38.00						36	
37 Savoury Salmon Hand Pie	18/100 gr.	\$36.00						37	
38 Mini Vegetable Spring Rolls	40 pcs.	\$28.00						38	
39 Traditional Shepherd's Pie	4/850 gr.	\$45.00						39	
40 Helmi's Premium Perogies	4/1 kg.	\$33.00						40	
41 Chicken Pot Pies	12/4 inch	\$36.00						41	
42 Meat Lasagna with 4 Cheeses	8/330 gr.	\$30.00						42	
43 Breakfast Burrito	16/135 gr.	\$38.00						43	
44 Pepperoni & Sausage Calzones	12/8 inch	\$36.00						44	
45 Pizza Variety Pack	18/6 inch	\$36.00						45	
46 Pepperoni & Cheddar Bread Sticks	48/4 inch	\$42.00						46	
Total Cases									
Total Money									